

A quick guide to help you use Participate easily!

What is Participate?

Participate is an online platform used by Octopus to host questionnaires that you answer about your quality of life, fatigue and pain and record when you take your trial treatment (a drug diary card summary), so you can complete part of your clinic visit in advance.

How can you sign up to Participate?

If you would like to use Participate instead of completing this information on paper, all you need to do is provide your hospital site team with your first name, and your email address and/or phone number. You do not need any username/password, just a single link from your email/texts.

You can sign up at any time during the trial, from Week 0 (when you are randomised), and opt out at any time!

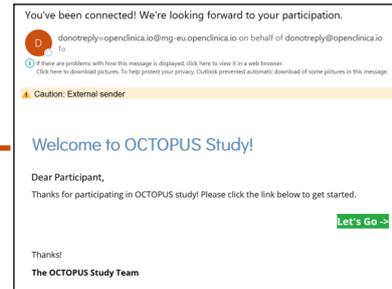
How does Participate work?

When you need to complete either your questionnaires OR a summary of your diary card, you will receive a link inviting you to complete these forms via email and or text message.

Hello, Thanks for participating in OCTOPUS! Please follow the link below to get started.

<https://octopustest.mytrial.me/?accessCode=EMWitY7pM>
For future reference, your access code is EMWitY7pM

Text and email notifications will appear like this on your device

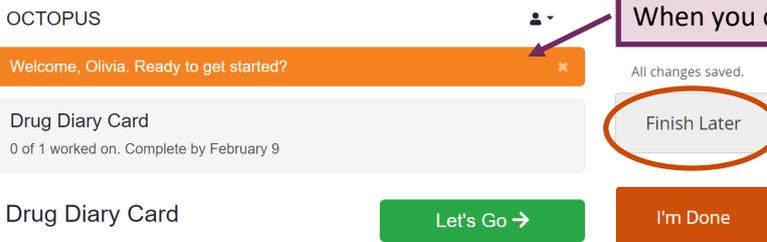


When will I receive these links?

Summary of the diary card— the first link will be sent **29 days AFTER** each in-person visit. If you do not complete it, a reminder will be sent 7 days later (36 days after the visit). This is to collect information on how you have taken your treatment within the first 28 days (4 weeks) after your visit. This form only needs to be completed once between each visit.

Questionnaires— the links will be sent to you **2 days BEFORE** your in person visit. Your hospital site team can check with you during your visit if you have completed them. If not, you can complete them on paper during your visit or after your visit via the phone/email link.

What will the summary of the Drug Diary Card look like?



When you click on the link, it will open up a webpage like this on your device

If you can't complete the form in one go, you can click on 'Finish Later'. You return to the questionnaire by clicking on the link you received via email and/or text message

Remember you are filling in how you have taken your trial treatment in the last 28 days (4 weeks) after your visit



When you click on 'Let's Go' a new webpage opens, for you to answer each question



If you can't complete the form in one go, you can click on the 'Finish Later' option which is under each question

Clicking back allows you to check on all your answers in the drug diary card, and they can be edited as many times as you want, before you click 'I'm Done'!

Once you have answered all 3 questions on the drug diary card summary and are happy with your answers you can click 'I'm Done'. Once you click this button, you cannot return to the summary and edit your answers

Turn the page to find out more

What do the questionnaires look like?

When you click on the link in your email or texts, you will be greeted by a webpage that looks like the pictures below. This page lists all the questionnaires you need to complete and when they need to be completed by.

Welcome Ready to get started? x

Unscheduled Visit
0 of 6 worked on. Complete by March 19

MSIS-29 v2 Let's Go →

MSWS-12 v2 Let's Go →

MFIS-21 v2 Let's Go →

CFQ Let's Go →

Pain Assessment Let's Go →

EQ-5D-5L Let's Go →

- You can check visits the forms are for. If it's the wrong visit, please let your hospital sites Octopus team know
- You can see how many questionnaires you need to do, and how many you have worked on/completed
- You can see how many days you have left to complete all the questionnaires

When you click on **'Let's Go'** a new webpage opens for the specific form you have selected (see below). 1 question will be displayed at a time and like the drug diary card you can click **'Back'** to change answers for previous questions or **'Finish Later'** if you want to finish the form on a later date

MSIS-29 v2

In the **past two weeks**, how much have you been bothered by...

4. Problems with your balance?

Not at all

A little

Moderately

Extremely

← Back Finish Later Next →

Remember!

You can always return to the questionnaires at a later date by clicking on the link in your email or text to make changes, until you click **'I'm Done'**

MSIS-29 v2

You have now completed this questionnaire.

If you would like to change any of your answers, you may do so by pressing the back arrow on this screen button prior to finalising the questionnaire.

When you have finished this questionnaire, press the "Close" button to return to the main screen. You can go back and review or change your answers until you submit the forms using the "Let's Move On" button. This button will only appear when all required questionnaires have been opened.

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← Back All changes saved. Finish Later I'm Done

When you get to end of a questionnaire, there will be a short message letting you know you can go back, review or change your answers. If you are happy with all your responses you can click **'I'm Done'**

OCTOPUS

Great job! Finish all forms to move on. x

Unscheduled Visit
2 of 6 worked on. Complete by March 19

MSWS-12 v2 Let's Go →

MFIS-21 v2 Let's Go →

Pain Assessment Let's Go →

EQ-5D-5L Let's Go →

MSIS-29 v2
Last modified a few seconds ago Continue

CFQ
Last modified a few seconds ago Continue

If you close a form without completing it, the form is moved to the bottom of the webpage and turns grey saying **'Continue'**

MSIS-29 v2
Last modified a few seconds ago

Review

When you have completed the form, the form will move to the bottom of the webpage and the **'Let's Go'** bar is switched to **'Review'**. Clicking on it, opens up the questionnaire, when you can view your answers, but **cannot** edit